University Hospital (UH) Urology Rotation Handbook

Introduction to the UH Urology Rotation

Introduction to General Urology General urology encompasses a wide range of conditions affecting the urinary tract and male reproductive system. This rotation provides first-year urology residents with essential experience in diagnosing, treating, and managing various urological conditions. Residents will gain exposure to both common and complex urological issues, develop skills in patient communication, and manage multidisciplinary cases. This rotation is critical for residents to broaden their clinical and surgical knowledge base, enhance their versatility, and prepare for comprehensive urologic practice or fellowship training.

Rotation Specific Objectives

Medical Knowledge

- 1. Develop an approach to urological emergencies, including GU trauma, testicular torsion, priapism, and septic renal colic, ensuring timely and appropriate care.
- 2. Develop an understanding of the pathophysiology and diagnosis of inflammatory and infectious conditions as they pertain to the urological patient.
- 3. Develop an approach to the management, follow-up and monitoring (for potential complications) of the urological patient with inflammatory or infectious conditions.
- 4. Develop an understanding of the mechanisms, indications, and physiological effects of medical and surgical therapies for benign prostatic hyperplasia.
- 5. Develop an understanding of the pathophysiology, management and follow-up of upper and lower urinary tract obstruction
- 6. Develop an understanding of the etiology, pathophysiology, classification, and diagnosis of voiding dysfunction, urinary incontinence, neurogenic bladder, and urethral stricture disease
- 7. Develop an understanding of the natural history, diagnosis, staging, treatment outcomes, and complications for prostate, urothelial, adrenal, and kidney cancers, including small renal masses and systemic therapies for advanced disease.
- 8. Develop an understanding of the role, indications and potential complications of management (medical and surgical) for the treatment of urological malignancies; as well as an understanding of the role and indications for percutaneous, angiographic, and emerging techniques, including their potential complications.
- Develop an understanding of multidisciplinary treatment options for urological malignancies, including the roles of chemotherapy, targeted therapies, radiotherapy.

Surgical Skill and Knowledge

- 10. Develop the ability to competently perform surgical procedures for the treatment of benign prostatic hyperplasia
- 11. Develop the ability to competently perform the procedures (open/MIS) to alleviate obstruction of the upper and lower urinary tract
- 12. Develop the ability and competency in performing and interpreting urodynamic studies, retrograde, and voiding cystourethrograms, and applies this information to guide patient care.
- 13. Develop the ability and competency in the medical and surgical management of lower urinary tract dysfunction, including male and female urinary incontinence, neurogenic bladder, and associated complications.
- 14. Develop the ability to competently apply the technical skills required for open procedures for the diagnosis and treatment of urological malignancies including the management of postoperative complications
- 15. Develop the ability to competently apply the technical skills required for minimally invasive procedures in the diagnosis and treatment of urological malignancies including the management of postoperative complications
- 16. Develop an understanding of laparoscopic and robotic principles

Potential Diagnostic and Surgical Procedures Exposure

Common	Less Common	Diagnostic
Renal transplantation	Drainage/debridement of	Rigid and flexible cystoscopy,
	genital abscess	and urethroscopy
Nephrectomy: simple,	Hydrocelectomy,	Transurethral biopsy of
radical , partial	circumcision	bladder and urethra
Orchidectomy: simple,	Repair of penile fracture	Rigid and flexible
radical,		ureteroscopy
Transurethral resection of	Urethral dilatation and visual	Retrograde urethrography,
prostate, using standard or	internal urethrotomy	cystography and pyelography
alternative electrocautery or		
laser		
Transurethral resection	Ureterolysis	Urodynamic studies
bladder lesions		
Ureteric catheterization,	Caval thrombectomy	Collection of cytological
including insertion and		specimens from the
removal of ureteral		genitourinary tract
catheter/stent		

Cystoscopic/ureteroscopic stricture dilatation and incision	Ureteric reconstruction	Biopsy of lesions of urothelium; prostate; testis; and penis
Laparoscopic / Robot Assisted Nephrectomy: simple, radical	Bladder Repair	Transurethral biopsy of bladder and urethra
Laparoscopic / Robot Assisted Partial nephrectomy	Urinary diversion: continent, incontinent	
Laparoscopic / Robot Assisted Nephroureterectomy	Trauma Nephrectomy (Rare)	
Laparoscopic / Robot Assisted Prostatectomy	Partial Cystectomy	
	Perineal urethrostomy	
Cysto botox therapy	Laparoscopic / Robot Assisted Pyeloplasty	
	Fistula repair	
	Pelvic Exenteration	
	Laparoscopic / Robot Assisted Adrenalectomy	
	Exploration for testicular torsion with or without orchidopexy	
	Complex urinary catheter insertion	
	Suprapubic catheter insertion	

Expectations and Responsibilities

Rounding

Time	Inpatient	Consult	Notes
Morning	Required to round on all	Required to round on all	Ensure all emails
	urology patients	consults	are sent to Faculty
	-Write Progress Note	-Write Progress Note	AND orders are in
	-Formulate Plan	-Formulate Plan	BEFORE clinical
			activities
Afternoon	Round on all patients	Round on the ACTIVE or	May round with
	-Refine Plan	sick consults	Faculty you are with
			that day

Urology Weekly Schedule – please note the schedule changes from week to week

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<u>Day</u>	<u>Time</u>	<u>Dr. Luke</u>	Dr. Sener	
Monday	8:00 AM	OR	clinic	
	PM	OR	clinic	
Tuesday	AM	Half day	Half Day	
	PM	clinic		
Wednesday	AM OR alternate		OR occasional	
	PM	OR	OR	
Thursday	8: 00 AM	clinic		
	1: 00 PM	clinic		
Friday	AM	OR different consultants	OR occasional	
	PM	OR different consultants	OR occasional	

Outpatient Clinics

Location: 8 op Start: 8:00 AM. Etiquette:

- Always introduce yourself to the patient and the family/care partners
 - o Ask for permission to do a physical exam
- Review every patient with faculty
 - o If the faculty is busy, it can be efficient to see a 'quick' follow-up
- Be efficient but take your time with the patients
- Consider whether the patients need sedation. There are a lot of endoscopic procedures
- Always have a plan

End: 3:00 - 4:00 PM

Consults and Ward Management

Consultations will be directed to the North Consultant on call

- Triage the consultation and determine the urgency (see now or later)
- Assess patient, formulate plan and review with faculty
- Ensure emails with PIN are sent to the faculty immediately after review
 - Please cc the faculty's administrative assistant
- Dictate a consultation note and place the patient on consult list if the patient requires following

Ward concerns and issues will be directed to the residents on the service and the transplant fellows will help out on Tuesday am

Triage and determine the urgency.

Operating Room

Location: Second Floor at UH

Start: Wednesday – 9:00 AM, Monday, Tuesday, Thursday, Friday – 8:00 AM

Etiquette:

Meet the patient and parents and introduce yourself

- o Be there 15 minutes before OR start time
- Mark the side, ensure paperwork is properly filled out
- Be present in the OR 5 minutes before the start time
 - o Bonus points set up OR, get sutures, position patient, and put up imaging
 - Required to do the surgical pause (know this)

Tips and Tricks:

- Look up old op notes
- Take video clips of the cases and review post and pre-op

After the OR:

- Confirm ANY questions about the postoperative care with the faculty
 - o This is important, we will assume you know otherwise
- Ensure you bring the patient to the PACU
- Ensure that the postoperative orders are there
 - o Ensure the scripts are on the chart for the patient
 - We do not want them to call in looking for orders or a script

Documentation

Ensure that all consultations, operative notes, progress notes, ED notes are dictated in a timely manner. Discharge summaries are to be done the day of discharge.

Dictations:

All encounters	
Esp OR, procedures and discharges	

ALWAYS:

- CC the family doctor
- Put DICTATED BUT NOT PROOFREAD

Urology Rotation – Key Contacts

Name	Admin	Office	Office Phone	Cell	Pager
Dr. Sener	Angela Gough	C4-303	519-663 3352	519-630-5921	13775
Dr. Luke	Amanda Travers	C4-211E	519-663 3180	519-897 8222	18154

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